



Inpatient Rehabilitation

Helping you get back to
the life you love

East Jefferson 
General Hospital
LCMC Health

Welcome

East Jefferson General Hospital's Inpatient Rehabilitation Unit offers a cozy, private room facility to patients recovering from illness or injury. Our program has been accredited since 1991 by the Commission on Accreditation for Rehabilitation Facilities (CARF) and received the Stroke Specialty Program accreditation in 2018. This means that you and your family will receive the best possible care.

East Jefferson General Hospital was the first in Louisiana to be recognized as an American Nurses Credentialing Center Magnet Hospital and is a Comprehensive Stroke Center accredited by the Joint Commission. Our rehabilitation team offers one-of-a-kind care for one-of-a-kind people. We want to help you reach your goals and regain your independence.

About us

Inpatient Rehabilitation provides adult patients with:

- Assistance in regaining functional mobility, activities of daily living, communication, cognition, and swallowing.
- Expert care by a rehabilitation physician overseeing and monitoring with face-to-face visits at least three times per week.
- An interdisciplinary team approach to maximize recovery – utilizing at least two disciplines: physical therapy, occupational therapy, and speech therapy.
- Intensive rehabilitation in order to restore function – minimum of three hours per day/five days per week or fifteen hours over seven days.
- Nursing staff that provides 24-hour care, support, and education.
- Social services that provide coordination of care, discharge planning, and emotional support.



Our services

We offer each patient an individualized treatment plan that includes a minimum of three hours of therapy a day, five days a week. We offer more than just our 7,700 square foot gym. Independence Lane is our specialized treatment area that replicates a home-like setting and includes a bedroom, living room, dining room, kitchen, bathroom, outdoor area, raised porch with steps and ramp, and car. Independence Lane provides a safe, realistic environment to prepare patients to return home safely. This specialty care area is our way of doing a little something extra to offer the best experience and care for our patients.

Other specialty services may include:

- Family training and conferences
- Orthotics/prosthetics
- Big and Loud Therapy for treatment of Parkinson's disease
- Vital Stim for treatment of swallowing disorders
- Neuro-developmental treatment
- Community resource referrals including prescription assistance and vocational rehab referrals
- Monthly community stroke support group
- Pet therapy

With a physician referral, patients can receive the following:

- Dialysis
- Pastoral care
- Psychological/
neuropsychological services
- Radiology services
- Respiratory therapy
- Wound care

After discharge, East Jefferson General Hospital offers multiple services to assist in continued recovery at our Outpatient Rehabilitation Center and at the Wellness Center.



Our team

- Rehabilitation Physician/ Neurologist
- Rehabilitation Nurse
- Personal Care Technician
- Pharmacist
- Dietitian
- Physical Therapist
- Occupational Therapist
- Speech Therapist
- Social Worker
- Admission Specialist



What to bring

You will need three to five sets of comfortable clothes including shirts, pants or shorts, underwear, pajamas or gowns, sweater or light weight jacket, socks, and tennis shoes or rubber-soled walking shoes. Please bring any personal assistive devices such as dentures, hearing aids, eyeglasses, or prostheses. Please leave all your medications and valuables at home unless otherwise specified.



Visitation

Hospital visiting hours are from 8:30 am to 8 pm. Visitors are encouraged to come in the afternoon after therapy, generally after 3 pm. Free parking is available in our visitor garages with valet parking available in the Hudson Garage. Security escorts are available upon request.



Insurance

We accept Medicare, Medicaid, and most insurance plans.

East Jefferson General Hospital Inpatient Rehabilitation

4200 Houma Blvd.
Metairie, LA 70006

P: 504.503.5576

F: 504.503.4856

ejgh.org

