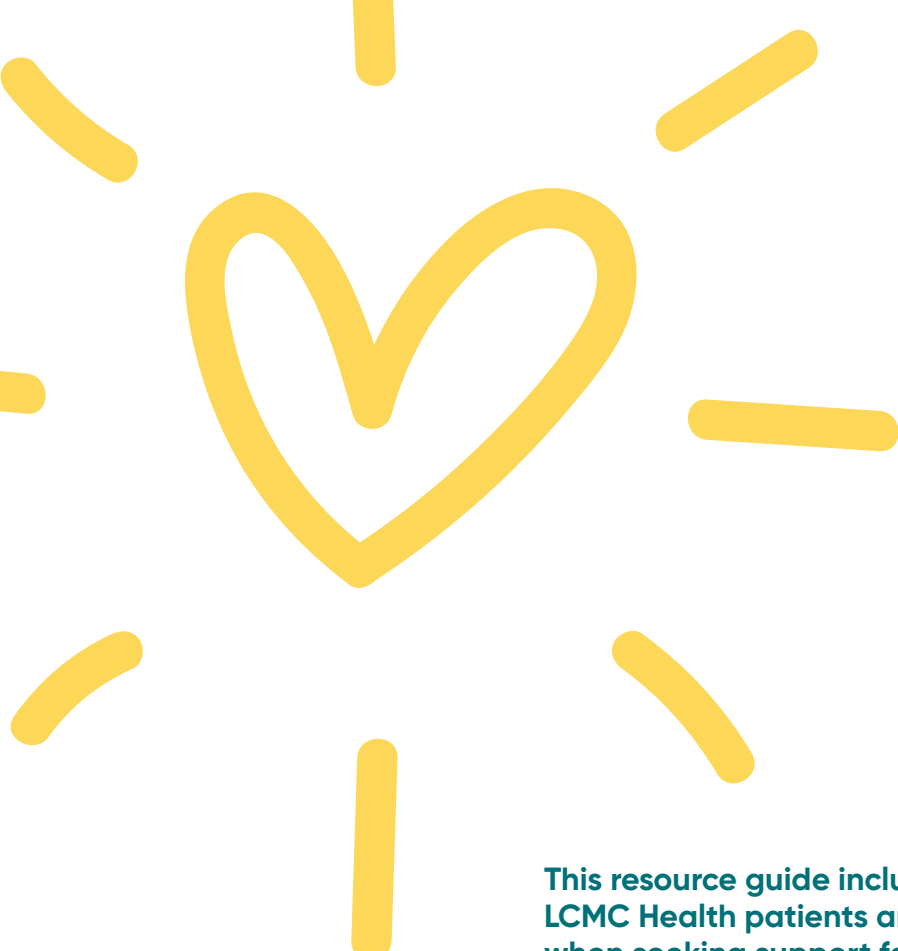


Be Well Center

LCMC Health Resource Guide





This resource guide includes information for both LCMC Health patients and employees to utilize when seeking support for food access, housing and utilities, short and long-term shelters, transportation, finances, mental health, substance abuse, violence, and caregivers.

Resources are included for Orleans Parish, Jefferson Parish, and St. Tammany Parish. We encourage LCMC Health team members to support and empower those in need of these resources through utilization of this guide.

Created by:
Hannah Cavaretta
Tulane University Dietetic Interns
Alexandra Goode
Tulane University Dietetic Interns

Reviewed by:
Hannah Stiller, MS
Wellbeing Manager, LCMC Health Be Well Center

Devin Brittain, RD, LDN
Registered Dietitian, Outpatient Oncology, University Medical Center New Orleans

Stacie Williams, PhD, MBA
Director, Diversity, Social Responsibility and Community Relations, LCMC Health



LCMHealth.org/bewell
LCMC-WellBeing@LCMHealth.org

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 **Keeping you well** by educating
and empowering those in need



Orleans Parish support



Orleans Parish

Food support

Broadmoor Improvement Association - Broadmoor Food Pantry 504.249.5130

- Tuesdays: 10 am–Noon
- Wednesdays: 1–3 pm

Located inside Broadmoor Community Church
2021 South Dupre St.
New Orleans LA 70125
[Click for more information](#)

Central City Christian Fellowship 504.891.5721

- Food pantry
- Open 1st, 2nd, and 3rd Wednesday and Thursday of every month
- 11:30 am–1:30 pm and 3–5 pm

2211 Fourth St.
New Orleans, LA 70113
centralcitycf.org/food-ministry

Crescent City Cafe

- Breakfast served on first and third Saturday of every month
- Ready-to-eat individual meals
- 8–9:30 am

Rayne Memorial United Methodist Church
3900 St. Charles Ave.
New Orleans, LA 70115
crescentcitycafe.com

Culture Aid NOLA 504.517.5059

- Food pantry
- Wednesdays: 6 pm
Our Lady Star of the Sea
1835 St. Roch Ave.
New Orleans, LA
- Saturdays: 9 am
Corpus Christi Church

2022 St. Bernard Ave.
New Orleans, LA
cultureaidnola.org

Crescent City Farmers Market/Market Umbrella

Farmers market

- Tuesday: 8 am–Noon
200 Broadway St.
- Thursday: 3–7 pm
500 N. Norman C. Francis Pkwy.
- Sunday: 8 am–Noon
Tad Gormley Stadium
(Marconi Drive & Navarre Ave.)

Farmers Market Nutrition Program 504.861.4485

- Assists low income seniors and families that use Women, Infants, and Children (WIC) and local farmers by giving participants benefits to use with local produce producers.

Market Match

- Electronic benefit transfer (EBT) tokens can be used to purchase any item at the market.

200 Broadway St., Suite 107
New Orleans LA 70118
crescentcityfarmersmarket.org

Food for Life New Orleans 504.343.849

- Ready-to-eat individual meals
- Vegetarian lunch
- Monday–Saturday: Noon–2 pm
- Vegetarian dinner
- Sunday: 7 pm

2936 Esplanade Ave.
New Orleans, LA 70119
neworleansffl.com

Grace at the Greenlight 504.239.4544

- Breakfast served daily
- Ready-to-eat individual meals
- 6:30–7:15 am
- @ St. Jude Community Center

400 N Rampart St.
New Orleans, LA
graceatthegreenlight.org

Giving HOPE 504.940.1592

- Food pantry
- Ready-to-eat individual meals and food pantry
- Tuesday–Friday: 7–11am
- Saturday: 9 am–Noon

13040 I-10 Service Rd.
New Orleans, LA 70128
givinghopenola.org

Grow Dat Youth Farm 504.300.1132

- Farmers market/ Community Supported Agriculture (CSA)
- SNAP recipients receive 50% discount off total CSA share

150 Zachary Taylor Ave.
New Orleans LA 70124
growdatyouthfarm.org

New Orleans Mission 504.523.2116

- Lunch and dinner served daily
- Ready-to-eat individual meals
- Lunch: 11:30 am–1:30 pm
- Dinner: Monday–Friday: 6–8 pm

1130 Oretha Castle Haley Blvd.
New Orleans, LA 70113
neworleansmission.org

Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.





Orleans Parish

Food support

NOLA Community Fridges

- Food pantry
- Open 24/7
- Public fridges that anyone can access. You can take whatever you need and leave behind safe foods for others. Multiple locations across the city.

nolacommunityfridges.org

Ozanam Inn

504.523.1184

- Breakfast, lunch, and dinner served daily
- Ready-to-eat individual meals Breakfast begins: 5:30 am
- Lunch begins: 1 pm
- Dinner begins: 5:30 pm

2239 Poydras St.
New Orleans, LA 70119

ozanaminn.org

Orleans Parish Office of Family Assistance

504.599.1700

- Service provider to help you receive food stamps
- Monday-Friday: 7:30 am-6 pm

2601 Tulane Ave.
New Orleans, LA 70119

[Click for more information](#)

The Rebuild Center

504.273.5577

- Ready-to-eat individual meals and food pantry
- Snacks and lunch are served
- Monday-Friday
- Snacks: 9 am-1 pm
- Lunch: 1-1:30 pm
- Lantern Light-Groceries
- 1st and 3rd Friday of the month
- 9:30-10:30 am

1803 Gravier St.
New Orleans, LA 70112

[Click for more information](#)

Salvation Army

504.899.4569

- Food pantry
- Thursdays: 1-3 pm
- If unable to make these hours, contact Salvation Army by phone

4526 South Claiborne Ave.
New Orleans, LA 70125

[Click for more information](#)

Second Harvest

Food Bank

504.734.1322

- Food pantry
- Monday-Friday: 7:30 am-4 pm

700 Edwards Ave.
New Orleans, LA, 70123

no-hunger.org

Society of St. Vincent de Paul - Nourishing Louisiana

504.827.5842

- St. Vincent de Paul of New Orleans is a Catholic organization that provides an array of services such as training, education, spiritual formation, and financial support in order to meet a wide range of needs for those with a low income.
- Assistance in the form of: Emergency service, food to meet basic nutritional needs, help paying for rent and utilities, clothing, home visiting. Program availability varies by location. Please call to ensure specific services at your local parish.
- Monday-Friday: 8 am-5 pm

3500 Canal St.
New Orleans, LA 70119

[Click for information](#)



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.



Orleans Parish

Food support

Supplemental Nutrition Assistance Program (SNAP)

888.LA.HELP.U (888.524.3578)

- Service provider to help you receive food stamps.
Apply by phone

[Click for information](#)

Tulane School of Public Health and Tropical Medicine (SPHTM) Food for Thought Pantry

504.988.7111

- Open to all presently enrolled Tulane SPHTM students
- Tuesday-Thursday: Noon-5 pm

1st floor of Tidewater Building 1440 Canal St.
New Orleans LA 70112

sph.tulane.edu/ose/food-pantry

University Medical Center (UMC) Food Pantry

504.702.3691

- Specifically for cancer patients that are being seen by the providers in the UMC Cancer Center.
- Monday-Friday: 8 am-4 pm Appointment preferred.

UMC Cancer Center
Tower 1, Floor 1
2000 Canal St.
New Orleans LA 70112
umcno.org



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.





Orleans Parish

Housing/Utilities support

US Department of Housing and Urban Development VA Supportive Housing 877.424.3838

- Helps pay for housing, housing vouchers, government benefits, understand government programs, navigating the system, one-on-one support

2400 Canal St.
New Orleans, LA 70119

[Click for information](#)

Short-term Rent, Mortgage, and Utility assistance (STRMU) 504.821.2601

- Financial assistance for housing and utilities

crescentcare.org/service/strmu

People's Housing+ 504.529.3522

- Helps pay for housing, homebuyer education, residential housing, long-term housing, navigating the system.

6323 Franklin Ave.
New Orleans, LA 70122
phplusnola.org

Low-Income Home Energy Assistance Program (LIHEAP) 504.877.0334

- Financial assistance for utilities, crisis bill payment assistance, and/or heating/cooling repair assistance.

[Click for information](#)

Volunteers of America Southeast Louisiana - Veterans Transitional Housing 504.899.1116

- Transitional housing program for unhoused male veterans.

4152 Canal St.
New Orleans, LA 70119

[Click for information](#)

Travelers Aid Society of Greater New Orleans 504.658.2944

- Helps pay for housing, food, bus passes, personal hygiene, computer or internet access. Helps to find work, pay for work expenses, skills and training, identification recovery.
- Day shelter; rapid rehousing, outreach, meal vouchers, transportation tokens, showers, mail, phone, restroom, and laundry services.

1530 Gravier St.
New Orleans, LA 70112

[Click for information](#)

Finance New Orleans Services 504.524.5533

- Helps pay for housing and loans.

201 Saint Charles Ave.
New Orleans, LA 70170

financenola.org

Entergy 1.800.368.3749

- Payment extension, deferred payment arrangement, level billing, reconnect fee quote, bill payment assistance.

[Click here for information](#)

Seelos Ministry of Hope Program 504.943.5566

- Helps pay for housing, utilities, food pantry, blankets and fans, supplies for school, toys and gifts.

3037 Dauphine St.
New Orleans, LA 70117

seeloschurchno.org

Housing Authority of New Orleans 504.670.3300

- Offers affordable housing options.

4100 Touro St.
New Orleans LA 70122

hano.org

Ozanam Inn 504.523.1184

- Emergency shelter for men and women; rapid rehousing and meals.
- Check in at 4 pm daily.

2239 Poydras St.
New Orleans, LA 70119

ozanaminn.org



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.



Orleans Parish

Housing/Utilities support

Total Community Action, Inc. **504.872.0334**

- Rapid rehousing and unhoused/displaced prevention.

1420 S. Norman C. Francis Pkwy.
New Orleans, LA 70125
tca-nola.org

St. Jude Community Center **504.525.1827**

- Houses and feeds working women and provides education and counseling.

400 North Rampart St.
New Orleans, LA 70112
[Click for information](#)

Unity of Greater New Orleans **504.821.4496**

- Rapid rehousing, permanent supportive housing, and outreach.

2475 Canal St., Suite 300
New Orleans, LA 70119
unitygno.org

New Orleans Mission-Shelter **504.523.2116**

- Emergency shelter for men and women, outreach, meals, and work programs.
- Check in: 4-6 pm daily.

1130 Oretha Castle Haley Blvd.
New Orleans, LA 70113
neworleansmission.org

Southeast Louisiana Legal Services **504.529.1000**

- Unhoused prevention legal services.

1340 Poydras St
Suite 600
New Orleans, LA 70112
slls.org

Salvation Army Greater New Orleans (GNO) Shelter **504.899.4569**

- Emergency shelter for families, single men and women; and created to work program.
- Check in: 4-6 pm daily.

4526 South Claiborne Ave.
New Orleans, LA 70125
[Click for information](#)

New Orleans Family Justice Center

Office line: 504.592.4005
24/7 crisis line: 504.866.9554

- Emergency shelter and rapid rehousing for victims of partner violence.

701 Loyola Ave., Suite 201
New Orleans, LA 70113
nofjc.org

Covenant House of New Orleans **504.584.1111**

- Emergency shelter and rapid re-housing for youth up to 24 years old.
- Open 24/7

611 North Rampart St.
New Orleans, LA 70112
covenanthousenola.org

The Harry Tompson Center **504.273.5547**

- Day shelter that provides laundry, shower, mail, and phone services.
- Guest services:
Monday-Friday:
7:45 am-12:30 pm
- By appointment: Noon-3 pm

1803 Gravier St.
New Orleans, LA 70112
harrytompsoncenter.org

Baptist Friendship House **504.949.4469**

- Day programs offer respite from the streets for the unhoused women and children in the community to have an opportunity to minister to people's needs.
- Monday-Friday: 8 am-5 pm

813 Elysian Fields Ave.
New Orleans, LA 70117
[Click for information](#)



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.



Orleans Parish

Transportation support

Regional Transit Authority (RTA) Paratransit Service 504.827.8345

- The RTA offers our Paratransit Service for customers who have temporary or permanent disability that prevents them from using the standard RTA.

2817 Canal St.
New Orleans, LA 70119
[Click for information](#)

The Shirley Landry Benson Pace Center 504.941.6057

- Program for All-Inclusive Care for the Elderly (PACE) offers transportation services.

4201 North Rampart St.
New Orleans, LA 70117
pacegno.org

Supportive Services for Veterans Families (SSVF) 504.483.3558

- Transportation, dental care, medical care, financial care, financial education, navigating the system, case management, one-on-one support, help finding work.

4152 Canal St.
New Orleans, LA 70119
[Click for information](#)

Covenant House New Orleans Outreach Services 504.584.1115

- Services: Transportation, support network, one-on-one support, meals.

611 N Rampart St.
New Orleans, LA 70112
[Click for information](#)



Orleans Parish

Financial support

LCMC Health employees

- Contact the Human Resources department

LCMC Health patients

- If employed, contact your Human Resources department
- If not employed, contact Case Management

LCMChealth.org/bewell

Lantern Light Ministries at The Rebuild Center

504.273.5573, ext. 115

- Emergency financial assistance
- By appointment only

lanternlight.org/services



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.



Orleans Parish

Mental health support

LCMC Health patients

[Click for information](#)

In crisis - 24/7 free confidential support

Metropolitan Human Services District
504.826.2675

JeffCare
504.832.5123

Merakey
504.302.1323

• 24-hour walk-in crisis

3303 Tulane Ave.
New Orleans, LA 70119

National Alliance on Mental Illness (NAMI)
1.800.273.8255

CrescentCare
504.821.2601

• Variety of behavioral health services.

1631 Elysian Fields Ave.
New Orleans, LA 70117

[Click for information](#)

National Alliance on Mental Illness (NAMI) New Orleans
504.896.2345

• Free mental health support, online groups, resources, and education.

4403 Canal St.
New Orleans LA 70119

namineworleans.org



Orleans Parish

Substance abuse support

Nola Detox and Recovery Center
504.446.1111

• Open 24/7
• Admission by appointment only

4201 Woodland Dr.
3rd floor
New Orleans LA 70131
Located in St. Luke's Medical Center
noladetox.com

CrescentCare
504.821.2601

• RecoveryWorks intensive outpatient program and Syringe Access Program.

1631 Elysian Fields Ave.
New Orleans LA 70117

[Click for information](#)



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.





Orleans Parish

Violence support

NOLA Family Justice Center **504.592.4005**

- Free services to survivors of partner violence, sexual assault, stalking, human trafficking and child abuse.
- Crisis services and shelter, counseling, advocacy and case management, legal services, healing activities, youth and teen programs, forensic exams and primary care.

701 Loyola Ave. #201
New Orleans LA 70113
nofjc.org

Catholic Charities **Archdiocese of New Orleans** **(CCANO)** **504.310.6872**

- Project SAVE: Free emergency legal services.

Allyson Tuttle atuttle@ccano.org;
[Click for information](#)

Metro Centers for Community **and Advocacy** **504.837.5400**

- Partner violence, sexual assault, stalking, dating violence. All services are free and confidential.

[Click for information](#)

Louisiana Partner Violence **Hotline**

888.411.1333

- Free/confidential/24 hours

lcadv.org/statewide-hotline



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.





Orleans Parish

Caregiver support

Resources for parents, caregivers of ill, elderly parents or family, etc. (tax break application/reimbursement benefits, in-home care)

New Orleans Council on Aging - National Family Caregiver Support Program (NFCSP) 504.821.4121

- Information and assistance, in-home respite outreach, caregiver support groups, and material aid.

2475 Canal St., Suite 400
P.O. Box 19067
New Orleans, LA 70179
[Click for information](#)

American Association of Retired Persons (AARP) 1.877.333.5885

- Getting paid to be a caregiver for a family member.
- For Medicaid recipients, self-directed Medicaid services for long-term care is offered.

[Click for information](#)

Touro at Home 504.897.7011

- Touro at Home offers skilled nursing, home care aide, physical therapy, occupational therapy, speech/language pathology, nutritional counseling, and medical social services.

1401 Foucher St.
New Orleans, LA 70115
[Click for information](#)

Veterans Affairs (VA) Caregiver Support - Southeast Louisiana Veterans Health Care System New Orleans VA Outpatient Clinic 800.935.8387

- Press 1, ext. 66357
- Apply for the Program of Comprehensive Assistance for Family Caregivers (PCAFC).

2400 Canal St.
New Orleans, LA 70119
[Click for information](#)

Louisiana Department of Health 1.877.456.1146

Children's Choice Waiver

- Supplemental support to children with developmental disabilities who currently live at home with their families or with a foster family from 0-20 years of age.

[Click for information](#)

Community Choices Waiver

- Provides services in the home and in the community to elders or adults with disabilities who qualify.
- Monday-Friday: 8 am-5 pm

[Click for information](#)

New Opportunities Waiver

- Services for children and adults with intellectual/developmental disabilities.

[Click for information](#)

Residential Options Waiver

- Helps adults with intellectual/developmental disabilities transition from intermediate care facilities to their own home in the community.

[Click for information](#)



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.



Jefferson Parish support



Jefferson Parish Food support

Jefferson Community Action Programs (JEFFCAP) Food Distribution
504.736.6900

- Provide monthly food boxes to low-income individuals and families who need support meeting their basic nutritional needs.
- Monday-Friday
8:30 am-4:30 pm

[Click for information](#)

Harvey Community Center
504.227.1221

1501 Estalote St.
Harvey, LA 70058

Gretna Community Center
504.376.2130

1700 Monroe St.
Gretna, LA 70056

Woodmere Community Center
504.349.5136

4026 Post Dr.
Harvey, LA 70058

Hazel R. Hurst Community Center
504.838.4277

1121 S. Causeway Blvd.
Jefferson, LA 70121

Dorothy B. Watson Community Center
504.736.6480

1300 S. Myrtle St.
Metairie, LA 70003

Marrero Community Center
504.349.5950

1861 Ames Blvd.
Marrero, LA 70072

Saint Jerome Church Food Pantry - Second Harvest
504.443.3174

- Every Wednesday
8:30-11:30 am
- Last Saturday of month
9:30-11:30 am

2402 33rd St.
Kenner, LA 70065
[Click for information](#)

Kenner Food Bank
504.468.7220

317 Oxley St.
Kenner, LA 70062
[Click for information](#)

Gretna Food Bank
504.367.6676

- Tuesday-Friday
10 am-12:30 pm

1400 Jefferson St.
Gretna, LA
[Click for information](#)

Gretna United Methodist Church Food Pantry
504.366.6685

- Monday and Thursday
10 am-1 pm
- First Saturday of month
9 am until food runs out

1309 Whitney Ave.
Terrytown, LA 70056
gretnaumc.org/food-pantry

CCANO Food for Seniors Program Catholic Charities

West Bank Commodity Center
504.371.7742

- Distributions held on Monday/Tuesday/Thursday/
Friday: 9 am-2 pm
- Wednesdays: Noon-5 pm

1245 First Ave.
Harvey, LA
ccano.org

Catholic Charities St. Lawrence Campus
1.800.522.3333

- Distributions on Mondays and
Wednesday: 8:30 am-Noon

2505 Maine Ave.
Metairie, LA
ccano.org/food-for-seniors

Giving HOPE Stephen F. Stumpf Westbank Food Pantry
504.940.1592

- Monday-Wednesday
10 am-2 pm
- Drive-through only

5151 Lapalco Blvd.
Marrero, LA 70072
[Click for information](#)



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.



Jefferson Parish

Housing/Utilities support

JeffCAP-Housing Counseling Program 504.736.6900

- Provides consultation and feasible options to tenants, prospective homebuyers, and current homeowners.

Joseph S. Yenni Building
1221 Elmwood Park Blvd.
Suite 402
Jefferson, LA 70123
[Click for information](#)

Low-Income Home Energy Assistance Program (LIHEAP) 504.736.6900 / 504.736.6321

- Financial assistance for utilities, crisis bill payment assistance, and/or heating/cooling repair assistance.

- Jefferson Community Action Programs (JeffCAP)

1221 Elmwood Park Blvd.
Suite 402
Jefferson, LA 70123
lhc.la.gov/energy-assistance

Jefferson Parish Housing Authority 504.321.0435

- Promotes decent, safe, and sanitary housing for lower-income families who cannot afford standard private housing. Administers Housing Choice Vouchers (HCV) and manages Conventional Public Housing units.

1718 Betty St.
Marrero, LA 70072
hajp.org/index.html

Kenner Housing Authority 504.467.9166

- Provides safe, decent, and sanitary housing conditions for very low-income families and to manage resources efficiently.

1003 31st St.
Kenner, LA 70065
[Click for information](#)



Jefferson Parish

Transportation support

CCANO Immigration and Refugee Services 504.310.6860

2505 Maine Ave.
Metairie, LA 70003
[Click for information](#)

Mobility Impaired Transportation System (MITS)

Eligibility: 504.758.9135
Reservations: 504.889.7156
Dispatch: 504.889.7194

- Provides transportation for persons with disabilities who are unable to use fixed route JP Transit service.
- Monday-Friday: 8:30 am-5 pm

jptransit.org/paratransit

Jefferson Transit

- Seven days a week
- 5-10:30 am
- Hours vary by route

jptransit.org



Find Help

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Jefferson Parish Financial support

LCMC Health employees

- Contact your Human Resources department

LCMC Health patients

- If employed, contact your Human Resources department

- If not employed, contact Case Management

LCMHealth.org/bewell



Jefferson Parish Mental health support

Jefferson Parish Human Services Authority 504.838.5257

- Behavioral health community resources, developmental disability community resources, and substance abuse community resources.

[Click for information](#)

East Jefferson Health Center 504.838.5257

- Monday-Friday: 7 am-5 pm

3616 S. I-10 Service Road W.
Suite 100
Metairie, LA 70001
jphsa.org

West Jefferson Health Center 504.349.8833

- Monday-Friday: 7 am-5 pm

5001 WestBank Expy.
Suite 100
Marrero, LA 70072
jphsa.org

Access Health Louisiana 504.712.7800

1401 W. Esplanade Ave.
Suite 108A

Kenner, LA 70065
accesshealthla.org

Beacon Behavioral Hospital 504.581.4333

- Outpatient group therapy for adults, including elderly.

3200 Ridgelake Dr.
Suite 100
Metairie LA 70002
beaconbh.com

Celebration Hope Center 504.833.4673

- Mental health and support groups available.

1901-B Airline Dr.
Metairie LA 70001
celebrationhopecenter.org

New Orleans Multicultural Institute of Counseling 504.814.4480

- Accepts children and adolescents with no insurance for trauma counseling
- Individual, couples, and family therapy.

1500 Lafayette St.
Suite 154

Gretna LA 70053
nomicllc.com

Perimeter Behavioral Hospital 504.305.2700

- Inpatient services for people 18+, senior adult psychiatric inpatient treatment, comprehensive outpatient program for people 18+.

3639 Loyola Dr.
Kenner LA 70065
[Click for information](#)

Jefferson Parish Mobile Crisis 504.832.5123

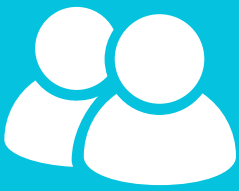
- Provides emergency evaluations for mental health crises, over the phone or at your home.

jphsa.org



Find Help

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Jefferson Parish

Substance abuse support

Addictions Counseling & Educational Resources (ACER) 504.941.7580

- Outpatient programs for addiction recovery.

2321 North Hullen St.
Suite B
Metairie LA 70001
[Click for information](#)

Alcoholics Anonymous Greater New Orleans 504.836.0507

- Daily, free recovery meetings; in-person or virtual options.

638 Papworth Avenue A
Metairie LA 70005
aaneworleans.org

Avenues Recovery 504.384.7639

- Residential treatment and intensive outpatient programs, ambulatory detox, transitional living.

4933 Wabash St.
Metairie LA 70001
[Click for information](#)

Behavioral Health Group Treatment Center 504.347.1120

- Medication-assisted treatment, counseling services.

1151 Whitney Ave.
Building 4
Gretna LA 70056
[Click for information](#)

Gateway Recovery Systems 504.368.9935

- Provides treatment for male veterans or active military with substance use disorders.
- Must have Medicaid or VA coverage.

4103 Lac Couture Dr.
Harvey LA 70058
[Click for information](#)



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.





Jefferson Parish

Violence support

Metro Centers for Community Advocacy 504.837.5400

- Services for Jefferson, Orleans, St. Tammany, and River Parishes
- Crisis intervention and limited placement in emergency shelters and referrals for people who have experienced partner violence of sexual assault.
- Safe, temporary, emergency shelter and transitional housing for people who experienced partner violence. Legal information and advocacy. Stalking information and advocate assistance.

[Click for information](#)

Jefferson Parish District Attorney's Office 504.361.2860

- Provides services for victims/ witnesses of all felony crimes and referrals, crisis intervention, court preparation assistance, and information on judicial process.

200 Derbigny St.
Gretna LA 70053
jpda.us

Crime Victims Assistance Act Formula Grant Program 225.342.1573

- Assist victims of crime by providing comprehensive and coordinated direct services.

[Click for information](#)



Jefferson Parish

Caregiver support

Jefferson Parish Council on Aging 504.888.5880

6620 Riverside Dr., Suite 216
Metairie LA 70003
jcoa.net

Visiting Angels - Living Assistance Services

Sunrise Senior Living 504.889.9777

3732 West Esplanade Ave.
Metairie, LA

Jewish Family Service Caregivers Workbook 504.863.8475

3300 W Esplanade Ave.
Suite #600
Metairie, LA

Emeritus 504.467.1000

1600 Joe Yenni Blvd.
Kenner, LA 70065
visitingangels.com/gno/home

Louisiana Options in Long Term Care 1.877.456.1146

1.855.296.0226 for individuals with hearing or speech difficulties

- Community Choices Waiver, Adult Day Health Care Waiver, Long-Term Personal Care Service, Program for All-Inclusive Care for the Elderly (PACE)
- Monday-Friday: 8 am-5 pm

ldh.la.gov/subhome/1



Find Help

Find free or reduced-cost resources like food, housing, financial assistance, healthcare, and more. Help starts here.



St. Tammany Parish support



St. Tammany Parish Food support

Community Christian Concern (CCC) 985.646.0357

- Works to empower individuals and families within our community by building a bridge of hope and walking alongside each individual during times of hardship to meet their physical, emotional, and spiritual needs. CCC assists individuals and families with urgent needs requiring immediate, short-term solutions.
- Assistance in the form of: food, clothing, personal care items, shelter, prescription assistance, emergency travel
- Monday–Thursday: 9 am–4 pm
- Friday: 9 am–2 pm

2515 Carey St.
Slidell, LA 70458
[Click for information](#)

St. Luke Evangelist Catholic Church – General Assistance 985.641.6429

- The church offers their Good Sams program which provides an array of services to assist individuals and families in need. This program supplies aid to households so that they may continue living with independence and ease.
- Assistance in the form of: housing assistance, utilities assistance, medication assistance, emergency food pantry, gas (for job interviews or doctors appointments), dental and optical services (limited), legal services (limited), baby formula and diapers, consulting services (SNAP, free tax services, prescription drug assistance,

- shelters, and job assistance programs. This program also offers special events such as August school supplies, Thanksgiving food baskets, and Christmas gifts for children and the elderly.)
- Monday–Friday: 8 am–5 pm

910 Cross Gates Blvd.
Slidell, LA 70461
[Click for information](#)

The Samaritan Center Food Bank 985.626.4457

- The Samaritan Center’s Food Bank provides food to individuals and families who need help supplementing their food resources.
- Assistance in the form of: Food to meet the basic nutritional needs, emergency food, SNAP enrollment assistance.
- Please reach out by phone to schedule an appointment.
- Monday–Friday: 10 am–3 pm

402 Girod St.
Mandeville, LA 70448
[Click for information](#)

Council on Aging St. Tammany – Senior Center 985.892.0377

- This program helps people who are older than 59 years old.
- Council on Aging St. Tammany (COAST) is not only a home away from home for many older active adults, and also offers an exciting variety of activities. A comprehensive range of programs is offered to enlighten, educate and enrich the lives of our members.

- Assistance in the form of: Midday meals, home delivered meals (homebound persons), transportation, recreation and activities.
- Membership at our center is free but requires an application and interview process. The senior must be present at time of application and interview and must be independent. Please call us to schedule an appointment for application.
- Monday–Friday: 8 am–4 pm

610 Cousin St.
Slidell, LA 70458
[coastseniors.org](#)

Services, Training, Advocacy, Resources, and Community (STARC) connections 985.641.0197

- This program helps people who are older than 64 years old, have disabilities, meet standards for admission to a nursing facility, are able to participate in his/her care, require at least limited assistance with one activity of daily living, and are eligible for Medicaid.
- Personal Assistance Services provide assistance with activities of daily living to individuals who are 65 or older or individuals that have disabilities, are eligible for Medicaid, meet standards for



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St. Tammany Parish Food support

admission to a nursing facility, are able to participate in his/her care, and require at least limited assistance with one activity of daily living.

- Assistance in the form of: Assistance with bathing, dressing, meal preparation, light housekeeping, grocery shopping, scheduling and attending medical appointments.
- STARC provides basic daily activity assistance as dictated by the Long Term–Personal Care Services (LTPCS) Plan of Care. Services under this program are not a substitute for existing family support.
- Monday–Thursday: 9 am–4pm
- Friday: 9 am–3 pm

40201 Hwy 190 East
Slidell LA 70461
[Click for information](#)

First United Methodist Church – Feed Dat Ministry 985.643.6437

- Feed Dat Ministry is a ministry that connects food and other items to those in need. Items vary weekly and consist of what we are given by the warehouse.
- Assistance in the form of: Food to meet basic nutritional needs.
- Thursday: 9–10:30 am

433 Erlanger Ave.
Slidell, LA 70458
firstumcslidell.org

House of Joy Church 985.326.4569

- Joy Fellowship Church provides assistance to individuals in need. It is important to note that availability of certain supplies fluctuates due to donations and demand.
- Assistance in the form of: Food, clothing, baby products, hygiene products, blankets, housewares, hot lunches. Call prior to visiting to verify that

the hours of service have not changed.

- Tuesdays and Thursday
Noon–3 pm

1510 Lindberg Dr.
Slidell, LA 70458
[Click for information](#)

First Baptist Church of Slidell – Pantry Ministry 985.643.3456

- The Pantry Ministry provides quality food items to households experiencing food insecurity. This program supplies critical nutrition to hungry individuals and families. They also provide used clothing donated by members of the community when available.
- Assistance in the form of: food to meet basic nutritional needs, clothing.

- Monday, Wednesday, and Friday: 7–10 am

4141 Pontchartrain Dr.
Slidell, LA 70458
[Click for information](#)

New Orleans Mission – The Mission Pantry 716.803.4432

- Only serve residents of
- St. Tammany Parish: Must bring state ID
- Monday and Wednesday–Saturday: 10 am–4 pm

31294 U.S. Hwy 190
Lacombe, LA, 70445
neworleansmission.org/pantry



Find Help

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St. Tammany Parish

Housing/Utilities support

St. Tammany Parish Department of Health and Human Services (HHS) - Homelessness Service 985.646.2090

- The St. Tammany Parish Community Action Agency provides a number of services to St. Tammany Parish residents including emergency utility, rental, and mortgage assistance. The CAA also works with homeless and near-homeless families transitioning from homelessness to help them become self-sustaining. They help individuals and families break down barriers that create dependency.
- Assistance in the form of: Housing and homeless assistance program, emergency

solutions grant, and supportive housing program.

- All of their programs have eligibility requirements and are subject to funding availability.
- Monday-Friday: 8 am-5 pm

Community Action Agency (CAA)
520 Old Spanish Trail
Slidell, LA 70458
[Click for information](#)

Community Christian Concern of Slidell - Temporary Housing Needs 985.646.0357

- Works to empower individuals and families within our community by building a bridge of hope and walking alongside each individual during times of

hardship to meet their physical, emotional, and spiritual needs. CCC assists individuals and families with urgent needs requiring immediate, short-term solutions.

- Assistance in the form of: Food, clothing, personal care items, shelter, prescription assistance, and emergency travel.
- Monday-Friday: 8 am-4 pm
Friday: 9 am-2 pm

2515 Carey St.
Slidell, LA 70458
[Click for information](#)



St. Tammany Parish

Transportation support

STAR Transit - Council on Aging St. Tammany 985.327.0185

- Free transportation for riders age 60+
- Mondays-Friday: 7 am-4 pm

72060 Ramos Ave.
Covington, LA 70433
coastseniors.org/transportation

St. Luke Evangelist Catholic Church 9856.416.429

- Offers gas for job interviews or doctor's appointments.
- Monday-Friday: 8 am-5 pm

910 Cross Gates Blvd.
Slidell, LA 70461
saintlukeslidell.org



Find Help

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St. Tammany Parish Financial support

LCMC Health employees

- Contact your Human Resources department

LCMC Health patients

- If employed, contact your Human Resources department

- If not employed, contact Case Management

LCMHealth.org/bewell



St. Tammany Parish Mental health support

Access Health Louisiana - Behavioral Health

- This program serves individuals who have been impacted by mental health issues.
- The Behavioral Health staff at Access Health Louisiana and Acadian Care can help patients experiencing a variety of mental health issues. Physicians and LCSWs work as a team with the family to develop customized treatment plans to help improve the patients' overall health and well-being.
- Assistance in the form of:
 - Mental health services
 - LCSW-licensed clinical social worker

501 Robert Blvd.
Slidell, LA 70458

985.607.0400

Monday: 8 am-4:30 pm

Friday: 8 am-5 pm

Saturday: 8 am-Noon

[Click for information](#)

1150 West Causeway Approach
Mandeville, LA 70471

985.214.4045

Monday-Friday: 7 am-7 pm

[Click for information](#)

St. Luke Evangelist Catholic Church - Counseling Solutions

985.641.6429

- The church offers their Good Sams program which provides an array of services to assist individuals and families in need. This program supplies aid to households so that they may continue living with independence and ease.
- Assistance in the form of: Housing assistance, utilities assistance, medication assistance, emergency food pantry, gas (for job interviews or doctors appointments), dental and optical services (limited), legal services (limited), baby formula and diapers, consulting services (SNAP, free tax services, prescription drug assistance, shelters, and job assistance programs. This program also offers special events such as August school supplies, Thanksgiving food baskets, and Christmas gifts for children and the elderly.)
- Monday-Friday: 8 am-5 pm

910 Cross Gates Blvd.
Slidell, LA 70461

saintlukeslidell.org

Truth 180°, Inc.

985.809.9900

- Truth 180°, Inc. helps turn around the lives of individuals struggling with substance abuse and co-occurring disorders, through intensive therapy via a holistic approach by empowering individuals to adopt truth, integrity, and change as personal values is the mission of Truth 180°.
- Truth 180° provides these services to Drug Court and other specialty courts. Specifically: Veterans Treatment Court, ReEntry Court, and Family Preservation Court in Washington and St. Tammany Parishes.



Find Help

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St. Tammany Parish

Mental health support

- Assistance in the form of: Substance abuse assessments, intensive outpatient program, individual therapy, family therapy, experiential therapy, substance abuse education, and drug screening.
- Monday-Friday: 8 am-5 pm

1169 Robert Blvd.
Suite F
Slidell, LA 70458
truth180.org

STARC of Louisiana - Alzheimer's Angel 985.641.0197

- Individuals with a diagnosis of Alzheimer's or dementia are eligible for the program.
- At STARC, we're all about helping people with developmental disabilities reach their potential as independent, contributing members of our community. We do that in lots of ways, from providing therapeutic treatment to day care to job training.
- The Alzheimer's Angel Program provides loving, supervised care for persons with Alzheimer's Disease and/or dementia. Support and education for families and caregivers is provided. Services provided

include day activity, in-home supports such as respite, personal care, and homemaker services.

- Individuals with a diagnosis of Alzheimer's or dementia are eligible for the program.
- Monday-Friday: 8 am-5 pm

40201 Hwy 190 East
Slidell, LA 70461
starcla.org

Beacon Behavioral Health 985.607.0290

- Beacon Behavioral's highly trained, caring therapy staff provides comprehensive and confidential treatment to those suffering from depression and other mood disorders, changes in behavior, psychosis, and major declines in functioning. The Intensive outpatient program (IOP) can also assist with adults that have a substance use issue which may be caused by their mental health condition.

- Assistance in the form of: Psychiatric assessment, cognitive-behavioral therapy, psychoeducation, psychodrama, solution-based therapy, medication management.
- Beacon Behavioral Health accepts Medicare and Medicaid.
- Individuals begin their treatment by meeting with an intake specialist to better understand what issues are occurring. If it's determined that IOP would be beneficial in addressing/resolving the issues, then an appointment with a clinic psychiatrist is arranged.
- Monday-Friday: 8 am-5 pm

2130 1st St.
Slidell, LA 70458
[Click for information](#)



Find Help

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St. Tammany Parish

Substance abuse support

Oxford House Louisiana - Sober Living Homes

- To be eligible, must have completed alcohol or drug treatment OR completed a medical detoxification program.
- Oxford Houses are democratically run, self-supporting, and drug free homes serving men, women, and women with children. The houses represent a remarkably effective and low cost method of preventing relapse. Additional services include: Peer support, life skills, and recreational opportunities. To become a resident in an Oxford House, contact the nearest house to schedule an interview to apply.

Open 24/7
3824 Croydon St
Slidell, LA 70458
985.265.4339

Open 24/7
1114 Maris Stella Ave
Slidell, LA 70460
985.288.0498

Open 24/7
4701 Pontchartrain Dr.
Unit #C
Slidell, LA 70458
985.201.7438

oxfordhousela.org

Catholic Charities Archdiocese of New Orleans (CCANO) - Counseling Solutions 985.785.2113

- Counseling Solutions is a professional counseling program available to individuals and families of all faiths. CCANO's caring and compassionate staff of licensed mental health professionals and interns provide help for adults and children dealing with a variety of mental health concerns.
- Assistance in the form of: Individual and family counseling.
- Counselors are available to help adults and children with: Depression, anxiety/stress, grief and loss, abuse/trauma, chronic mental illness, parent-child issues, relationship issues, anger and more. CCANO offers a generous income-based sliding scale payment option for uninsured and underinsured families.
- Monday-Friday: 8 am-5 pm

770 Gause Blvd.
Suite C
Slidell, LA 70458
ccano.org

Alchemy Addiction Recovery 985.690.6622

- We accept referrals from community agencies, behavioral healthcare professionals, court-related agencies, physicians, or any other agency. Persons referred from these sources must meet admission criteria and demonstrate a desire for treatment.
- Must have Medicaid or meet income guidelines for sliding-scale payment. ACER's 8-14 week Intensive Outpatient Treatment (IOP) program enables a client in the early stages of recovery to establish a foundation for long term recovery support in their local community right from the start of treatment.
- Assistance in the form of: Individualized treatment, group sessions, individual sessions, 2-step recovery, urine drug screens.



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St. Tammany Parish

Substance abuse support

- ACER offers a sliding scale payment option for patients without insurance, and accepts Louisiana Medicaid.
- Our financial department will provide clients with several options for payment of their treatment. You will meet with a representative of the financial department to discuss your financial status and then go through your payment options.
- We accept referrals from community agencies, behavioral healthcare professionals, court-related agencies, physicians, or any other agency. Persons referred from these sources

- must meet admission criteria and demonstrate a desire for treatment.
- Monday–Friday: 8 am–5 pm

115 Christian Ln.
Slidell, LA 70458
[Click for information](#)

Florida Parishes Human Services Authority–Addictive Disorders Services for Adults

- FPHSA provides group and individual counseling for clients and their families suffering from a gambling disorder. All services are provided by a certified compulsive gambling counselor. There are no fees for these

- services for Florida Parish area residents.
- Monday–Friday: 8 am–4:30 pm

2331 Carey St.
Slidell, LA 70458
985.646.6406

900 Wilkinson St.
Mandeville, LA 70448
985.624.4450

[Click for information](#)



Find Help

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St. Tammany Parish

Violence support



Crisis Services – Pathways to Safety International

800.898.4910

**International toll free
833.723.3833**

- This program helps people who are 18–59 years old.
- Adult Protective Services (APS) is responsible for investigating reports and arranging for services to protect vulnerable adults and emancipated minors who are at risk of abuse, neglect, exploitation or extortion. APS strives to help individuals live free from abuse in a manner that supports choice and independence. Assistance in the form of: 24-hour hotline, investigation and assessment.

pathwaystosafety.org

Partner Violence Hotline for Teens and Young Adults

866.331.9474

800.787.3224 Teletypewriter (TTY) for deaf/hard of hearing individuals

- This program helps people who are 13 to 26 years old.
- Love Is Respect’s trained peer advocates are available to offer education, support, and advocacy to teens and young adults, as well as their concerned friends and family members, who have questions or concerns about their dating relationships. Love Is Respect provides support via hotline, online chat, or text.
- Assistance in the form of: Help hotline, referrals and information to local resources, safety plan, support, and listening. All conversations with peer advocates via phone, chat, or text are free and confidential. You will never be asked for your name or other contact information, but an advocate may ask for your age and city to find local resources for you.

Chat: Start a live chat by going to the program website and clicking the “Chat live now” button

Text: Text “loveis” to 22522

loveisrespect.org

Metro Centers for Community Advocacy

888.411.1333

- Crisis intervention and limited placement in emergency shelters and referrals for people who have experienced partner violence of sexual assault
- Safe, temporary, emergency shelter and transitional housing for people who experienced partner violence. Legal information and advocacy. Stalking information and advocate assistance.

[Click for information](#)

Crime Victims Assistance Act Formula Grant Program

504.837.5400

- 24-hour crisis hotline
- Assists victims of crime by providing comprehensive and coordinated direct services.

[Click for information](#)

Metropolitan Battered Women’s Program

504.837.5400

- 24-hour crisis hotline
- Shelter, counseling, support groups, children’s counseling, legal services for women, and children in partner violence situations.

[Click for information](#)



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St. Tammany Parish

Caregiver support

Louisiana Options in Long Term Care
1.877.456.1146

Office of Aging and Adult Services Helpline
1.866.758.5035

For individuals with hearing or speech difficulties
1.855.296.0226

- Community choices waiver, adult day healthcare waiver, long-term personal care service,

program for All-Inclusive Care for the Elderly (PACE).

- Monday-Friday: 8 am-5 pm

[Click for information](#)

AARP
1.877.333.5885

- Getting paid to be a caregiver for a family member. For Medicaid recipients, self-directed Medicaid services for long-term care is offered.

[Click for information](#)

Louisiana Department of Health

Children's Choice Waiver
1.866.783.5553

- Supplemental support to children with developmental disabilities who currently live at home with their families or with a foster family from 0-20 years of age.

[Click for information](#)

Community Choices Waiver
1.877.456.1146

- Provides services in the home and in the community to elders or adults with disabilities who qualify.
- Monday-Friday: 8 am-5 pm

[Click for information](#)

New Opportunities Waiver

- New Opportunities Waiver Services for children and adults with intellectual/developmental disabilities.

[Click for information](#)

Residential Options Waiver

- Helps adults with intellectual/developmental disabilities transition from intermediate care facilities to their own home in the community.

[Click for information](#)



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